



COMPLETE OUR QUESTIONNAIRE TO SCORE YOU AND YOUR TEAM ON FLOW2

Being in **FLOW2** increases the strength and resilience of individuals, teams and entire organizations.

Step into Your FLOW2

The good news is that you can *proactively* build **FLOW2** (Functional Learning On Wealth and Wellbeing), into your business and its daily operations.

Discover how to create and maintain **FLOW2** by completing this simple questionnaire:

Answer Never, Sometimes, Often or Always to each of the 15 questions below.

You will find instructions for scoring at the end.

Question	Never	Sometimes	Often	Always
1. Do you have and use systems to ensure you consistently get input from others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you encourage others to question your choices, strategy and plans?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. When no one is looking, do you and the people with whom you collaborate conduct yourselves in alignment with your core values, purpose and vision?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



4. When you work collaboratively with others, is there a high level of open dialogue and healthy debate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Do the people you work with understand how what they're doing helps you to achieve your business strategy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Would an outsider be able to identify your value proposition based on the way your business runs, day-to-day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you encourage those around you to be transparent and open with you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you engage people to work with you so you are spending your time and energy doing what you do best?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Do you encourage people to help you grow by challenging the status quo, initiating healthy debate, introducing new people with whom to collaborate, and suggesting different approaches?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you have and use systems that promote collaborative behaviour among all of the people who help you deliver to your clients and grow your business?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Have you invested significant resources to ensure your operations are adaptive and agile?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Have you invested significant resources to ensure you and the people you work with think and behave in a way that sustains a growth-focused mindset?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



13. Do you take time to critically reflect on your own performance to identify what worked, what didn't work and what changes you ought to make?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Is critical self-reflection a common practice for you and the people with whom you work most closely?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Are you and your key support people willing to adapt your behaviour to promote and sustain a culture of FLOW2?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring your questionnaire:

Never	Sometimes	Often	Always
1	2	3	4

Each answer has a numeric value assigned to it between 1 and 4. To determine your **FLOW2** score, add up the numbers you assigned to each question to arrive at a total.

My **FLOW2** Score is:



FLOW2 SCORE	YOUR RESULTS
15-30	<p>If your score was between 15 and 30, Start by clearly identifying and defining your core values, purpose and vision. Incorporating your values and purpose into your day-to-day operations, will create a strong culture that reflects what you believe and why your business matters. You will find these resources in the Foundation Building bundle - \$197/person</p>
30-45	<p>If your score was between 30 and 45, You have probably invested significant resources in your operational processes so they are efficient and effective. Now you're ready for the next phase in the process. Ask yourself these questions:</p> <p>Do you have clear and actionable long-range and short range plans? You will find these resources in the Planning bundle - \$197/person</p> <p>Is your team growth-oriented, highly adaptive and innovative?</p> <p>Are you optimizing your work processes? You will find these resources in the Execution bundle - \$257/person</p>
45-60	<p>If your score was between 45 and 60, Congratulations! You are in a select group of organizations who have a functional culture of FLOW2. Celebrate your successes and plan to take your business and team to the next level. You will find these resources in Planning (\$197/person) and Execution (\$257/person).</p>



Are you ready to learn how to build FLOW2 into your business to increase your results?

Our sustainable model of Wealth and Wellbeing will ensure you and your team maximize your potential and generate ongoing success.

We deliver Workshops, Seminars and Coaching packages to create results.

We look forward to working with you and your team.

Shift into a state of FLOW2!

Email your [Coach](#) or results@mechanicsofflow2.com and mention **"FLOW2"** in the subject line. A member of our team will contact you with options to create wealth and wellbeing for you, your team and your business.

Is It Time for YOU to Go with the FLOW2?